



Reducing Primary Cesareans

What is the ACNM Reducing Primary Cesareans Collaborative?

The American College of Nurse-Midwives is accepting applications on a rolling basis for its multi-state, multi-hospital initiative aimed at reducing primary cesarean births in low risk women through the support of physiologic labor and birth. The collaborative, now in its fourth year, is called Reducing Primary Cesareans, or “RPC.” Twenty six hospitals from across the U.S. participated in the three years of the collaborative during 2016, 2017 and 2018. These hospitals have already achieved reductions in their NTSV rates of up to 18%.

What can you expect?

- Mentor guidance about implementation
- NEW! Implementation guide to get you started
- NEW! Continuing education credits for you and your team
- Access to monthly webinars and coaching sessions (NEW! available real-time and on demand recordings)
- Participation in a learning community with others
- Access to real life resources and examples that you can use

Hospitals selected to participate in the learning collaborative work with a multi-disciplinary team of RPC quality improvement experts to identify areas of improvement and track process and outcome measures. Hospitals implement one of three change bundles that are designed to reduce NTSV cesareans by promoting key principles of physiologic birth. The three bundles are aimed at: promoting progress in labor; promoting comfort in labor; and implementing intermittent auscultation (fetal monitoring). More information about the bundles can be found at www.birthtools.org. In addition, hospitals collect and submit data to the ACNM RPC Data Center, which produces key measures so hospitals can track their progress. Participants also have access to online materials and tools, as well as a peer sharing site.

Why does it matter?

The Healthy People 2020 NTSV rate target is ≤ 23.9 percent, and the Joint Commission will begin to report publicly on individual hospitals' rates in 2020. National data also shows that each avoided cesarean birth saves the healthcare system between \$4,459 and \$9,537.

Where can I find more information and application materials?

We now accept applications on a rolling basis. Check our website for success stories of current participants, more details, and application materials: <http://birthtools.org/RPC-Learning-Collaborative>